

# Richland School District

Dec 1, 2014 thru Dec 19, 2014

Base Menu Spreadsheet

K-5 RSD

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 12/01/2014			
K-5 RSD	Total		
MAC & CHEESE:oven EL RSD	1 cup	422	52.83
SAND HOT CHICK PATTY USDA EL	1 sandwich	320	35.0
SAND COLD AMER SUB SYS EL	1 EACH	300	27.47
PIZZA SCR CHEESE 16" E RSD	SLICE	290	28.5
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
BROCCOLI FRESH	1/2 CUP	15	2.92
PEARS XTRA LT DCD USDA 1/2 C	1/2 cup	61	15.73
APPLE 125 CT-HALF	1 EACH	130	34.0
ORANGE BITES:138ct	1/2 cup	63	15.66
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		558	80.35
% of Calories			57.6%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Tue - 12/02/2014			
K-5 RSD	Total		
NACHOS SUPREME USDA EL	SERVING	420	33.38
SAND BURGER 1.75 MMA SYS EL	1 EACH	282	27.01
SALAD ENT CHICK CAESAR EL RSD	PORTION	81	1.67
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	24.0
CHICKEN NUGGETS WA USDA	5 nuggets	170	9.0
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CARROTS BABY FRESH	1/2 cup	25	5.78
PEAS GREEN FROZEN 1/2 C	1/2 CUP	62	11.41
APPLE CINNAMON	1/2 cup	43	10.34
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
DRESSING CAESAR LITE	1 TBSP	35	1.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		553	70.66
% of Calories			51.1%
Nutrient Guideline		550-650	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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## Base Menu Spreadsheet

K-5 RSD

### Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 12/03/2014			
K-5 RSD	Total		
BEEF BROCC W/ RICE SYS EL	beef+rice	362	51.88
HOT DOG TURKEY WW WHITE	1 EACH	280	27.0
SAND COLD TURKEY FRANZ WW SYS	1 EACH	287	29.52
PIZZA SCR PEPPERONI 16" E RSD	SLICE	316	28.6
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CARROTS BABY FRESH	1/2 cup	25	5.78
BEANS BAKED:veg	1/2 cup	228	51.43
ORANGE BITES:138ct	1/2 cup	63	15.66
blueberries	1/2 cup	40	9.5
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		539	75.38
% of Calories			55.9%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Thu - 12/04/2014			
K-5 RSD	Total		
CHILI RAINBOW, ELEMENTARY RSD	4 OZ	161	20.9
HONEY CORN BISCUIT USDA	BISCUIT	250	31.0
SAND HOT HAMBURGER:2m 1.75g	1 burger	282	23.32
SALAD ENT CHEF:rsd ELEM	PORTION	173	4.96
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	24.0
CORN DOG CHICKEN	1 corn dog	243	30.37
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
BEANS GREEN CND USDA 1/2 C	1/2 cup	14	2.89
APPLE CINNAMON	1/2 cup	43	10.34
APPLE 125 CT-HALF	1 EACH	130	34.0
ORANGE BITES:138ct	1/2 cup	63	15.66
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
DRESSING CAESAR LITE	1 TBSP	35	1.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		525	72.96
% of Calories			55.6%
Nutrient Guideline		550-650	

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Base Menu Spreadsheet

K-5 RSD

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Fri - 12/05/2014			
K-5 RSD	Total		
POLLOCK NUGGETS & TOTS USDA	4 nuggets	397	40.2
SAND HOT CHICK PATTY USDA EL	1 sandwich	320	35.0
SAND COLD SB & J	1 EACH	375	44.11
PIZZA SCR CHEESE 16" E RSD	SLICE	290	28.5
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CORN WHOLE KERNEL CND 1/2 C	1/2 CUP	78	18.0
DRIED FRUIT MIX-USDA	1/4 CUP	88	23.0
CARROTS BABY FRESH	1/2 cup	25	5.78
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		537	71.80
% of Calories			53.5%
Nutrient Guideline		550-650	

Mon - 12/08/2014			
K-5 RSD	Total		
QUESADILLA CHEESE EL USDA	1 EACH	263	24.0
SAND HOT CHICK PATTY USDA EL	1 sandwich	320	35.0
SAND COLD AMER SUB SYS EL	1 EACH	300	27.47
PIZZA SCR CHEESE 16" E RSD	SLICE	290	28.5
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
BROCCOLI FRESH	1/2 CUP	15	2.92
PEARS XTRA LT DCD USDA 1/2 C	1/2 cup	61	15.73
APPLE WHOLE:163ct	1 EACH	57	15.27
ORANGE FRESH	1 EACH	45	11.28
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		503	68.20
% of Calories			54.3%
Nutrient Guideline		550-650	

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Base Menu Spreadsheet

K-5 RSD

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Tue - 12/09/2014			
K-5 RSD	Total		
ENCHILADA SCR BEAN & CH:	1 EACH	323	35.96
SAND BURGER 1.75 MMA SYS EL	1 EACH	282	27.01
SALAD ENT CHICK CAESAR EL RSD	PORTION	81	1.67
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	24.0
CHICKEN NUGGETS WA USDA	5 nuggets	170	9.0
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CARROTS BABY FRESH	1/2 cup	25	5.78
PEAS GREEN FROZEN 1/2 C	1/2 CUP	62	11.41
APPLE CINNAMON	1/2 cup	43	10.34
BANANAS PETITE:150ct	1 EACH	105	26.95
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
DRESSING CAESAR LITE	1 TBSP	35	1.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		515	70.07
% of Calories			54.4%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Wed - 12/10/2014			
K-5 RSD	Total		
CHICK ORANGE & RICE NUGUSDA EL	5 nugget + rice	462	73.88
HOT DOG TURKEY WW WHITE	1 EACH	280	27.0
SAND COLD TURKEY FRANZ WW SYS	1 EACH	287	29.52
PIZZA SCR PEPPERONI 16" E RSD	SLICE	316	28.6
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CARROTS BABY FRESH	1/2 cup	25	5.78
BEANS BAKED:veg	1/2 cup	228	51.43
FRESH PEAR	1 EACH	96	22.82
blueberries	1/2 cup	40	9.5
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		674	106.37
% of Calories			63.2%
Nutrient Guideline		550-650	

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Base Menu Spreadsheet

K-5 RSD

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Thu - 12/11/2014			
K-5 RSD	Total		
WAFFLES STIX,EGG PATTY & CHS	serving	251	24.5
SYRUP PANCAKE	1 OZ	105	26.0
SAND HOT HAMBURGER:2m 1.75g	1 burger	282	23.32
SALAD ENT CHEF:rsd ELEM	PORTION	173	4.96
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	24.0
CORN DOG:K12	1 corn dog	243	30.37
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
BEANS GREEN CND USDA 1/2 C	1/2 cup	14	2.89
APPLE CINNAMON	1/2 cup	43	10.34
ORANGE BITES:138ct	1/2 cup	63	15.66
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
DRESSING CAESAR LITE	1 TBSP	35	1.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average		513	72.76
% of Calories			56.7%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Fri - 12/12/2014			
K-5 RSD	Total		
BOWL CHICK NUG POTATO USDA	SERVING	358	39.04
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	24.0
SAND HOT CHICK PATTY USDA EL	1 sandwich	320	35.0
SAND COLD SB & J	1 EACH	375	44.11
PIZZA SCR CHEESE 16" E RSD	SLICE	290	28.5
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CORN WHOLE KERNEL CND 1/2 C	1/2 CUP	78	18.0
CARROTS BABY FRESH	1/2 cup	25	5.78
DRIED CRANBERRIES	1/4 CUP	130	33.0
APPLE 125 CT-HALF	1 EACH	130	34.0
ORANGE BITES:138ct	1/2 cup	63	15.66
BANANAS PETITE:150ct	1 EACH	105	26.95
FRESH PEAR	1 EACH	96	22.82
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65

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Base Menu Spreadsheet

K-5 RSD

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories		763	125.50 65.8%
Nutrient Guideline		550-650	

Mon - 12/15/2014			
K-5 RSD	Total		
ZITI BAKED RSD	1 CUP	374	48.32
SAND HOT CHICK PATTY USDA EL	1 sandwich	320	35.0
SAND COLD AMER SUB SYS EL	1 EACH	300	27.47
PIZZA SCR CHEESE 16" E RSD	SLICE	290	28.5
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
BROCCOLI FRESH	1/2 CUP	15	2.92
PEARS XTRA LT DCD USDA 1/2 C	1/2 cup	61	15.73
APPLE WHOLE:163ct	1 EACH	57	15.27
ORANGE FRESH	1 EACH	45	11.28
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
DRESSING 1000 ISLAND	TBSP	70	3.0
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average % of Calories		524	73.75 56.3%
Nutrient Guideline		550-650	

Tue - 12/16/2014			
K-5 RSD	Total		
TACO BEEF SOFT:8" WW EL	1 EACH	302	24.63
SAND BURGER 1.75 MMA SYS EL	1 EACH	282	27.01
SALAD ENT CHICK CAESAR EL RSD	PORTION	81	1.67
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	24.0
CHICKEN NUGGETS WA USDA	5 nuggets	170	9.0
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CARROTS BABY FRESH	1/2 cup	25	5.78
PEAS GREEN FROZEN 1/2 C	1/2 CUP	62	11.41
APPLE CINNAMON	1/2 cup	43	10.34
BANANAS PETITE:150ct	1 EACH	105	26.95
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
DRESSING CAESAR LITE	1 TBSP	35	1.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65

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	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories		556	78.58 56.5%
Nutrient Guideline		550-650	

Wed - 12/17/2014			
K-5 RSD	Total		
BEEF DIPPER W/ RICE & SAUCE EL	beef+rice	393	57.52
HOT DOG TURKEY WW WHITE	1 EACH	280	27.0
SAND COLD TURKEY FRANZ WW SYS	1 EACH	287	29.52
PIZZA SCR PEPPERONI 16" E RSD	SLICE	316	28.6
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CARROTS BABY FRESH	1/2 cup	25	5.78
BEANS BAKED:veg	1/2 cup	228	51.43
FRESH PEAR	1 EACH	96	22.82
blueberries	1/2 cup	40	9.5
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average % of Calories		600	89.40 59.6%
Nutrient Guideline		550-650	

Thu - 12/18/2014			
K-5 RSD	Total		
TURKEY GRAVY w/M POTATOES RSD	gravy+potato	224	23.76
SAND HOT HAMBURGER:2m 1.75g	1 burger	282	23.32
SALAD ENT CHEF:rsd ELEM	PORTION	173	4.96
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	24.0
CORN DOG:K12	1 corn dog	243	30.37
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
BEANS GREEN CND USDA 1/2 C	1/2 cup	14	2.89
ORANGE BITES:138ct	1/2 cup	63	15.66
APPLE CINNAMON	1/2 cup	43	10.34
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
DRESSING CAESAR LITE	1 TBSP	35	1.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Richland School District

Dec 1, 2014 thru Dec 19, 2014

Base Menu Spreadsheet

K-5 RSD

Portion Values - Detailed

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Generated on: 12/1/2014 12:54:35 PM

	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories		496	66.91 53.9%
Nutrient Guideline		550-650	

Fri - 12/19/2014			
K-5 RSD	Total		
SAND HOT MEATBALL SUB SYS EL	1 EACH	374	35.76
SAND HOT CHICK PATTY USDA EL	1 sandwich	320	35.0
SAND COLD SB & J	1 EACH	375	44.11
PIZZA SCR CHEESE 16" E RSD	SLICE	290	28.5
SALAD MIX 50/50 RO/ICE W/COLOR	1 CUP	7	1.5
CORN WHOLE KERNEL CND 1/2 C	1/2 CUP	78	18.0
CARROTS BABY FRESH	1/2 cup	25	5.78
DRIED CRANBERRIES	1/4 CUP	130	33.0
APPLE 125 CT-HALF	1 EACH	130	34.0
ORANGE BITES:138ct	1/2 cup	63	15.66
BANANAS PETITE:150ct	EACH	105	26.95
FRESH PEAR	1 EACH	96	22.82
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	24.0
MILK WHITE FF DARIGOLD	HALF PINT	90	13.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	13.0
RANCH HEINZ	TBSP	40	0.25
DRESSING 1000 ISLAND	TBSP	70	3.0
DRESSING, BALSAMIC VINAGRETTE	TBLS	10	2.5
KETCHUP HEINZ	TBSP	20	5.0
MUSTARD HEINZ	TBSP	0	0.0
SALSA CANNED USDA	1 OZ	8	1.54
SAUCE BBQ	1 TBSP	20	4.65
Weighted Daily Average % of Calories		619	93.33 60.3%
Nutrient Guideline		550-650	

Weighted Average		565	81.07 57.4%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	565		550 - 650	100%				
Carbohydrate (g)	81.07	57.40%						

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